

## HSC209.9 Supervised Clinical Practice 1

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| <b>Name of Unit 1 (Unit Code 1)</b> |
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| Supervised Clinical Practice 1 (HSC209.9) |
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### SECTION 1 – GENERAL INFORMATION

#### 1.1 Administrative details

| Associated higher education awards | Duration     | Level    | Unit Coordinator |
|------------------------------------|--------------|----------|------------------|
| Masters                            | One semester | Advanced | Brian Gabriels   |

#### 1.2 Core or elective unit

Indicate if the unit is a

core unit

elective unit

other (please specify below):

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|  |
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#### 1.3 Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

| Unit credit points | Total course credit points |
|--------------------|----------------------------|
| 6                  | 96                         |

#### 1.4 Student workload

Using the table below, indicate the expected student workload per week for this unit.

| No. timetabled hours per week* | No. personal study hours per week** | Total workload hours per week*** |
|--------------------------------|-------------------------------------|----------------------------------|
| 1                              | 9 - client sessions & client notes  | 10                               |

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: \_0\_ hours per week

### 1.5 Delivery mode

Tick all applicable delivery modes for the unit:

- Face to face on site
- e-learning (online)
- Intensive (provide details)

- Block release (provide details)

- Work-integrated learning activity
- Mixed/blended
- Distance/independent learning (untimetabled)
- Full-time
- Part-time
- External
- Fast track (provide details)

- Other (please specify)

One-on-one supervision will be delivered by the unit coordinator or an approved and accredited Clinical Supervisor.

All group supervision sessions will be facilitated by the unit coordinator or an approved and accredited Clinical Supervisor.

### 1.6 Pre-requisites and co-requisites

Are students required to have undertaken a prerequisite or co-requisite unit for this unit?

- Yes    No

**If YES**, provide details of the prerequisite or co-requisite requirements below.

HSC215.9 Acceptance and Commitment Therapy (pre/co-requisite)

### 1.7 Other resource requirements

Do students require access to specialist facilities and/or equipment for this unit (for example, special computer access, physical education equipment)?

Yes  No

If YES, provide details of specialist facilities and/or equipment below.

Video recording equipment.

## SECTION 2 – ACADEMIC DETAILS

### 2.1 Unit Descriptor

Provide below a brief unit description, which includes a summary of the key content of the unit.

In this unit, students will be required to complete 50 hours of person-to-person counselling over one semester (including opportunity for alternative modes of counselling including video and/or phone). Student learning will be guided by regular one-on-one and small group supervision, including case conferencing. These forms of supervision will support students to enrich their ethical counselling practice and to develop a deeper understanding of themselves as counsellors. Students will also learn to: write case notes using the SOAP format; make client bookings and manage client loads; manage client records, counselling logs, supervision logs; make referrals when necessary; and ethically and appropriately manage the exchange of client information and release of client information.

### 2.2 Learning Outcomes for the Unit

#### Learning outcomes for unit:

1. Address the idiosyncratic nature of a client's need through informed selection and ethical application of appropriate counselling interventions and/or informed referral pathways
2. Ethically communicate theoretical propositions, methodologies, conclusions, and professional decisions to the client, peers, and other professionals where required
3. Write concise case notes using the SOAP format, demonstrating advanced communication skills
4. Cultivate, through regular supervision, a growing level of personal awareness, autonomy, ethical application and accountability in their counselling practice

| Assessment tasks   |                             |  |           |
|--|-----------------------------|--|-----------|
| Type *   | Learning Outcome/s assessed | When assessed – year, session and week | Weighting |
| <b>Supervision Report</b><br>Supervision report on 50 client hours. The student will receive ongoing feedback from their supervisor related to their personal development, performance as a counsellor working toward the achievement of 50 client hours and on the development of their case conceptualization capacity. Feedback will culminate in a written report relating to clinical practice. Equivalent word count: 3000 | 1, 2, 4                     | Weeks 1-13                             | 50%       |
| <b>Client Case Notes</b><br>Client Case notes for 40 client hours. Client notes reviewed and assessed in supervision sessions by the supervisor. Equivalent word count: 1800   | 1, 2, 3, 4                  | Weeks 1-13                             | 30%       |
| <b>Case Presentation</b><br>Case conference presentation and write-up relating to work with a current client. Equivalent word count: 1200  | 1, 2, 3, 4                  | Variable                               | 20%       |

### 2.3 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

#### Required Textbook

N/A — part of the learning component and content for this subject is derived from student's reflection on their clinical practice and subsequent reading from literature that informs their work with clients.

#### Recommended Reference List

American Psychiatric Association. (2013). *DSM-5: Diagnostic and statistical manual of mental disorders*.  
 Barlow, D., & Durand, V. M. (2017). *Abnormal psychology: An integrative approach* (8th ed.). Cengage Learning.  
 Carroll, M., & Gilbert, M. (2010). *On being a supervisee: Creative learning partnerships*. PsychOz Publications.  
 Carroll, M., & Hewson, D. (2016). *Reflective practice in supervision*. MoshPit Publishing.  
 Corey, G., Corey, M. S., & Callanan, P. (2018). *Issues and ethics in the helping professions* (10th ed.). Cengage Learning.

- Duncan, B. L., Miller, S. D., Wampold, B. E., & Hubble, M. A. (2009). *The heart & soul of change: What works in therapy* (2nd ed.). American Psychological Association.
- Ivey, A. E., & Ivey, M. B. (2018). *Intentional interviewing and counseling: Facilitating client development in a multicultural society* (9th ed.). Cengage Learning.
- Kail, R. V., & Cavanaugh, J. C. (2017). *Essentials of human development: A life-span view* (2nd ed.). Wadsworth; Cengage Learning.
- Kezelman, C., & Stavropoulos, P. (2019). *Practice guidelines for treatment of complex trauma and trauma informed care and service delivery*.  
<https://www.blueknot.org.au/Resources/Publications/Practice-Guidelines/Practice-Guidelines-2019>
- Worden, J. (2018). *Grief counselling and grief therapy: A handbook for the mental health practitioner* (5th ed.). Springer.

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### **Recommended Journals and Ethical Codes of Practice**

*Grief Matters: The Australian Journal of Grief & Bereavement*  
*Journal of Counselling and Development*  
*Psychological Trauma: Theory, Research, Practice and Policy*  
*Psychotherapy in Australia*  
CCAA(SA) & PACFA Codes of Conduct