

HSC210.9 Supervised Clinical Practice 2

Name of Unit 1 (Unit Code 1)

Supervised Clinical Practice 2 (HSC210.9)

SECTION 1 – GENERAL INFORMATION

1.1 Administrative details

| Associated higher education awards | Duration | Level | Unit Coordinator |
|------------------------------------|--------------|----------|------------------|
| Masters | One semester | Advanced | Brian Gabriels |

1.2 Core or elective unit

Indicate if the unit is a

- core unit
 elective unit
 other (please specify below):

1.3 Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

| Unit credit points | Total course credit points |
|--------------------|----------------------------|
| 12 | 96 |

1.4 Student workload

Using the table below, indicate the expected student workload per week for this unit.

| No. timetabled hours per week* | No. personal study hours per week** | Total workload hours per week*** |
|--------------------------------|-------------------------------------|----------------------------------|
| 2 | 18 - client sessions & client notes | 20 |

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: _0_ hours per week

1.5 Delivery mode

Tick all applicable delivery modes for the unit:

- Face to face on site
- e-learning (online)
- Intensive (provide details)

- Block release (provide details)

- Work-integrated learning activity
- Mixed/blended
- Distance/independent learning (untimetabled)
- Full-time
- Part-time
- External
- Fast track (provide details)

- Other (please specify)

One-on-one supervision will be delivered by the unit coordinator or an approved and accredited Clinical Supervisor.

All group supervision sessions will be facilitated by the unit coordinator or an approved and accredited Clinical Supervisor.

1.6 Pre-requisites and co-requisites

Are students required to have undertaken a prerequisite or co-requisite unit for this unit?

- Yes No

If YES, provide details of the prerequisite or co-requisite requirements below.

HSC209.9 Supervised Clinical Practice 1 (prerequisite)

1.7 Other resource requirements

Do students require access to specialist facilities and/or equipment for this unit (for example, special computer access, physical education equipment)?

- Yes No

If **YES**, provide details of specialist facilities and/or equipment below.

Video recording equipment.

SECTION 2 – ACADEMIC DETAILS

2.1 Unit Descriptor

Provide below a brief unit description, which includes a summary of the key content of the unit.

In this unit, students will be required to complete 100 hours of person-to-person (including opportunity for alternatives modes of counselling including video and phone) counselling over one semester. Student learning will be guided by regular one-on-one and small group supervision, including case conferencing. These forms of supervision will support students to enrich their ethical counselling practice and to develop a deeper understanding of themselves as counsellors. Students will also learn to: deliver alternative modes of counselling where required (i.e. video and phone counselling), write case notes using the SOAP format; make client bookings and manage client loads; manage client records, counselling logs, supervision logs; make referrals where necessary, and ethically and appropriately manage client information.

2.2 Learning Outcomes for Unit

| Learning outcomes for unit: |
|--|
| 1. Address the idiosyncratic nature of a client’s need through intentional, theoretically informed, ethically and culturally aware counselling practice and/or informed referral pathways. |
| 2. Demonstrate intentional and appropriate use of self and counselling skills in the counselling process, with a focus on creating a safe and helpful therapeutic alliance. |
| 3. Ethically communicate theoretical propositions, conclusions and professional decisions to the client, peers, and other professionals where required. |
| 4. Write concise case notes using the SOAP format, demonstrating advanced communication skills. |
| 5. Cultivate, through regular supervision, a growing level of personal awareness, autonomy, ethical application, and accountability in their counselling practice. |

| Assessment tasks | | | |
|--|------------------------------------|---|------------------|
| Type * | Learning Outcome/s assessed | When assessed – year, session and week | Weighting |
| Supervision Report Supervision report on 100 client hours. Supervision assessment will be based on the student’s response to the unit, learning outcomes including the student’s capacity to apply feedback received in Supervised Clinical Practice 1 to performance on an ongoing basis. Equivalent word count: 5000 | 1, 2, 4 | Weeks 1-13 | 50% |

| Assessment tasks | | | |
|---|-----------------------------|--|-----------|
| Type * | Learning Outcome/s assessed | When assessed – year, session and week | Weighting |
| Client Case Notes Client Case notes for 100 client hours. Notes will be assessed in supervision. Assessment will include the student's capacity to apply feedback on rating received in Supervised Clinical Practice 1 towards realizing an expert level of communication. Equivalent to 3,000 words | 1, 2, 3, 4 | Weeks 1-13 | 30% |
| Case Presentation A reflective video presentation and feedback write-up relating to work with a current client. Equivalent word count: 2000 | 1, 2, 3 | Weeks 1-13 | 20% |

2.3 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

Required Textbook

N/A — part of the learning component and content for this subject is derived from student's reflection on their clinical practice and subsequent reading from literature that informs their work with clients.

Recommended Reference List

- American Psychiatric Association. (2013). *DSM-5: Diagnostic and statistical manual of mental disorders*.
- Barlow, D., & Durand, V. M. (2017). *Abnormal psychology: An integrative approach* (8th ed.). Cengage Learning.
- Carroll, M., & Gilbert, M. (2010). *On being a supervisee: Creative learning partnerships*. PsychOz Publications.
- Carroll, M., Hewson, D. (2016). *Reflective practice in supervision*. MoshPit Publishing.
- Corey, G., Corey, M. S., & Corey, C. (2018). *Issues and ethics in the helping professions* (10th ed.). Cengage Learning.
- Duncan, B. L., Miller, S. D., Wampold, B. E., & Hubble, M. A. (2009). *The heart & soul of change: What works in therapy* (2nd ed.). American Psychological Association.
- Ivey, A. E., & Ivey, M. B. (2018). *Intentional interviewing and counseling: Facilitating client development in a multicultural society* (9th ed.). Cengage Learning.
- Kail, R. V., & Cavanaugh, J. C. (2017). *Essentials of human development: A life-span view* (2nd ed.). Wadsworth, Cengage Learning.
- Kezelman, C., & Stavropoulos, P. (2019). *Practice guidelines for treatment of complex trauma and trauma informed care and service delivery*.
<https://www.blueknot.org.au/Resources/Publications/Practice-Guidelines/Practice-Guidelines-2019>
- Worden, J. (2018). *Grief counselling and grief therapy: A handbook for the mental health practitioner* (5th ed.). Springer.

Recommended Journals and Ethical Codes of Practice

Grief Matters: The Australian Journal of Grief & Bereavement

Journal of Counselling and Development

Psychological Trauma: Theory, Research, Practice and Policy

Psychotherapy in Australia

CCAA(SA) & PACFA Codes of Conduct