

# HSC208.7 Counselling Field Education 1

## Name of Unit 1 (Unit Code 1)

Counselling Field Education 1 (HSC208.7)

## SECTION 1 – GENERAL INFORMATION

### Administrative details

Associated higher education awards (for example, Bachelor, Diploma)	Duration (for example, one semester, full year)	Level (for example, introductory, intermediate, advanced level, 1st year, 2nd year, 3rd year)	Unit Coordinator
Bachelor of Counselling	One Semester	2 <sup>nd</sup> Year Level 7	Olivia Kearney or approved Adjunct Lecturer

### Core or elective unit

Indicate if the unit is a

- core unit
- elective unit
- other (please specify below):

### Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

Unit credit points Example: 10 credit points	Total course credit points Example: 320 credit points
6	144

### Student workload

Using the table below, indicate the expected student workload per week for this unit.

No. timetabled hours per week*	No. personal study hours per week**	Total workload hours per week***
3	6	9

\* Total time spent per week at lectures, tutorials, clinical and other placements etc.

\*\* Total time students are expected to spend per week in studying, completing assignments, etc.

\*\*\* That is, \* + \*\* = workload hours.

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: \_n/a\_ hours per week

### Pre-requisites and co-requisites

Are students required have undertaken a prerequisite or co-requisite unit for this unit?

- Yes     No

If YES, provide details of the prerequisite or co-requisite requirements below.

Prerequisite: HSC200.5 – Counselling Skills

## SECTION 2 – ACADEMIC DETAILS

### Unit Descriptor

Provide below a brief unit description, which includes a summary of the key content of the unit.

This unit provides an introductory opportunity for the adult learner to apply theoretical learning towards an understanding of workplace environments. It provides an opportunity to develop job application and interview skills, as well as understanding the importance of supervision.

It prepares students for supervised placement within the human services sector as part of the Counselling Field Education 2 unit.

### Learning Outcomes for Unit

#### Learning outcomes for unit:

1. Demonstrate an understanding of the diverse range of human services, a capacity for networking and development of referral options to inform counselling practice within a workplace environment.
2. Investigate and construct documentation relevant to gaining employment in the human services sector.
3. Integrate theoretical learning and reflexive counselling practice within the context of supervision, showing self-awareness and areas for growth.

#### Assessment tasks

Type * (see examples noted below this table)	Learning Outcome/s assessed	When assessed – year, session and week (for example, year 1, semester 1, week 1)	Weighting (% of total marks for unit)
Human Services Case Study Report Using a case study, students are to find a relevant human service program that will meet client needs, write a report on the organisation and the program and how it meets client needs, citing possible limitations and other referral options.  Equivalent to 1,500 words	1	Week 6	30%
Integrated Project and Interview Students are to prepare a cover letter and resume and apply for a fictionalised role as outlined on Tabor Online, also creating an e-portfolio. Students are then required to take place in a mock job interview for the advertised position.  Equivalent to 2,000 words	2	Week 9, 12 and 13.	40%
Supervision Reflection With reference to theory around supervision, students are to discuss both effective and ineffective supervision, and required to create a plan for their Supervision needs in Counselling Field Education 2.  1,500 words	3	Week 14	30%

## 2.1 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

Required textbooks

None

Recommended reference list:

- Bond, T., Mitchels, B., & Sandhu, A. (2014). *Confidentiality and record keeping in counselling and psychotherapy: recording confidences* (2<sup>nd</sup> edn). SAGE Publishing.
- Carroll, M. (2014). *Effective supervision for the helping professionals*. (2<sup>nd</sup> ed.). SAGE Publications Ltd.
- Carroll, M., & Gilbert, M. (2011). *On being a supervisee: creative learning partnerships*. (2<sup>nd</sup> ed.). PsychOz
- Cleak, H., & Wilson, J. (2018). *Making the most of field placement*. (4<sup>th</sup> edn). Cengage.
- Corey, G., Corey, M., & Callanan, P. (2018). *Issues & ethics in the helping professions* (10<sup>th</sup> ed.). Cengage.
- McMahon, M., & Patton, W. (Ed.). (2002). *Supervision in the helping professions: a practical approach*. Pearson Education.
- Faiver, C., Eisengert, S., & Colonna, R. (2003). *The counsellor intern's handbook*. (3<sup>rd</sup> ed.). Cengage Learning.
- Skovolt, T.M., & Trotter-Mathison, M. (2010). *The resilient practitioner: burnout prevention and self-care strategies for counsellors, therapists, teachers, and health professionals*. (2<sup>nd</sup> ed.). Routledge.
- Thompson, N. (2000). *Theory and practice in human services*. Open University Press.

Recommended journals:

- PACFA – Psychotherapy and Counselling Journal of Australia (PACJA)*
- Psychotherapy in Australia*
- Developing practice: the child youth and family work journal*
- Journal of Human Services (e-journal)*