

UNIT OUTLINE FOR HSC209.9 SUPERVISED CLINICAL PRACTICE 1

Name of Unit 1 (Unit Code 1)

Supervised Clinical Practice 1 (HSC209.9)

SECTION 1 – GENERAL INFORMATION

Administrative details

Associated higher education awards <i>(for example, Bachelor, Diploma)</i>	Duration <i>(for example, one semester, full year)</i>	Level <i>(for example, introductory, intermediate, advanced level, 1st year, 2nd year, 3rd year)</i>	Unit Coordinator <i>(incl. academic title)</i>
Master of Counselling Practice	One semester	Advanced	Brian Gabriels

Core or elective unit

Indicate if the unit is a

 core unit elective unit other (please specify below):

Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

Unit credit points <i>Example: 10 credit points</i>	Total course credit points <i>Example: 320 credit points</i>
6	96

Student workload

Using the table below, indicate the expected student workload per week for this unit.

No. timetabled hours per week*	No. personal study hours per week**	Total workload hours per week***
1	9 - client sessions & client notes	10

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: 0 hours per week

Pre-requisites and co-requisites

Are students required to have undertaken a prerequisite or co-requisite unit for this unit?

Yes No

If **YES**, provide details of the prerequisite or co-requisite requirements below.

Students must have completed all core units with a minimum GPA of 5

Core units:

HSC201.7/8	Introduction to Counselling Theories
HSC200.5/8	Counselling Skills
HSC102.7/8	Working with Mental Health
EDU211.8	Ethical Understandings
HSC202.7/8	Counselling Theories and Practice
HSC101.7/8	Human Lifespan Development
HSC103.7/8	Working with Grief and Loss
HSS106.7/8	Trauma Informed Care

HSC215.9 Acceptance and Commitment Therapy (pre/co-requisite)

HSC208.9 Hope in Practice: Facilitating Therapeutic Change (pre/co-requisite)

Other resource requirements

Do students require access to specialist facilities and/or equipment for this unit (for example, special computer access, physical education equipment)?

Yes No

If **YES**, provide details of specialist facilities and/or equipment below.

Video recording equipment

SECTION 2 – ACADEMIC DETAILS

Unit Descriptor

Provide below a brief unit description, which includes a summary of the key content of the unit.

In this unit, students will be required to complete 50 hours of person-to-person counselling over one semester. Student learning will be guided by case conferencing as well as regular one-on-one and small group supervision. These forms of supervision will support students to enrich their counselling practice and to develop a deeper understanding of themselves as counsellors. Students will also learn to: write case notes using the SOAP format; make client bookings and manage client loads; manage client records, counselling logs, supervision logs; make referrals when necessary; and ethically and appropriately manage the exchange of client information and release of client information.

Learning Outcomes for the Unit

Learning outcomes for unit:

1. Address the idiosyncratic nature of a client's need through informed selection and application of particular counselling interventions
2. Communicate theoretical propositions, methodologies, conclusions, and professional decisions to the client, peers, and other professionals
3. Write concise case notes using the SOAP format, demonstrating advanced communication skills

Learning outcomes for unit:

4. Cultivate, through regular supervision, a growing level of personal awareness, autonomy, and accountability in their counselling practice

Assessment tasks

Type * <i>(see examples noted below this table)</i>	Learning Outcome/s assessed	When assessed – year, session and week <i>(for example, year 1, semester 1, week 1)</i>	Weighting <i>(% of total marks for unit)</i>
Supervision Report Supervision report on 50 client hours. The student will receive ongoing feedback from their supervisor related to their personal development, performance as a counsellor working toward the achievement of 50 client hours and on the development of their case conceptualization capacity. Feedback will culminate in a written report relating to clinical practice. Equivalent word count: 3000	1, 2, 4	Weeks 1-13	50%
Client Case Notes Client Case notes for 40 client hours. Client notes reviewed and assessed in supervision sessions by the supervisor. Equivalent word count: 1800	1, 2, 3, 4	Weeks 1-13	30%
Case Presentation Case conference presentation and write-up relating to work with a current client. Equivalent word count: 1200	1, 2, 3, 4	Variable	20%

* Examples of types of assessment tasks include: assignments; examinations; group projects; online quiz/test; presentations; work-based projects; and reflective journals. Ensure that details of the types of assessment tasks are included such as specific topics, duration/length/word limit of assessment, and any specific formats.

2.1 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

Required Textbook

N/A — part of the learning component and content for this unit is derived from student's reflection on their clinical practice and subsequent reading from literature that informs their work with clients.

Recommended Reference List

- American Psychiatric Association. (2013). *DSM-5: Diagnostic and statistical manual of mental disorders*.
- Barlow, D., & Durand, V. M. (2017). *Abnormal psychology: An integrative approach* (8th ed.). Cengage Learning Custom Publishing.
- Carroll, M., & Gilbert, M. (2010). *On being a supervisee: Creative learning partnerships*. PsychOz Publications.
- Carroll, M., & Hewson, D. (2016). *Reflective practice in supervision*. MoshPit Publishing.
- Corey, G., Corey, M. S., & Callanan, P. (2018). *Issues and ethics in the helping professions* (10th ed.). Cengage Learning.
- Duncan, B. L., Miller, S. D., Wampold, B. E., & Hubble, M. A. (2009). *The heart & soul of change: What works in therapy* (2nd ed.). American Psychological Association.
- Ivey, A. E., & Ivey, M. B. (2018). *Intentional interviewing and counseling: Facilitating client development in a multicultural society* (9th ed.). Cengage Learning Custom Publishing.
- Kail, R. V., & Cavanaugh, J. C. (2017). *Essentials of human development: A life-span view* (2nd ed.). Wadsworth; Cengage Learning.
- Kezelman, C., & Stavropoulos, P. (2019). *Practice guidelines for treatment of complex trauma and trauma informed care and service delivery*.
<https://www.blueknot.org.au/Resources/Publications/Practice-Guidelines/Practice-Guidelines-2019>
- Worden, J. (2018). *Grief counselling and grief therapy: A handbook for the mental health practitioner* (5th ed.). Springer.

Recommended Journals and Ethical Codes of Practice

Grief Matters: The Australian Journal of Grief & Bereavement
Journal of Counselling and Development
Psychological Trauma: Theory, Research, Practice and Policy
Psychotherapy in Australia
CCAA(SA) & PACFA Codes of Conduct