

UNIT OUTLINE FOR HSC210.9 SUPERVISED CLINICAL PRACTICE 2

Name of Unit 1 (Unit Code 1)

Supervised Clinical Practice 2 (HSC210.9)

SECTION 1 – GENERAL INFORMATION

Administrative details

Associated higher education awards <i>(for example, Bachelor, Diploma)</i>	Duration <i>(for example, one semester, full year)</i>	Level <i>(for example, introductory, intermediate, advanced level, 1st year, 2nd year, 3rd year)</i>	Unit Coordinator <i>(incl. academic title)</i>
Master of Counselling Practice	One semester	Advanced	Brian Gabriels

Core or elective unit

Indicate if the unit is a

- core unit
 elective unit
 other

Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

Unit credit points <i>Example: 10 credit points</i>	Total course credit points <i>Example: 320 credit points</i>
12	96

Student workload

Using the table below, indicate the expected student workload per week for this unit.

No. timetabled hours per week*	No. personal study hours per week**	Total workload hours per week***
2	16 - client sessions & client notes	18

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: 0 hours per week

Pre-requisites and co-requisites

Are students required to have undertaken a prerequisite or co-requisite unit for this unit?

- Yes No

If **YES**, provide details of the prerequisite or co-requisite requirements below.

HSC209.9 Supervised Clinical Practice 1 (prerequisite)

Other resource requirements

Do students require access to specialist facilities and/or equipment for this unit (for example, special computer access, physical education equipment)?

- Yes No

If **YES**, provide details of specialist facilities and/or equipment below.

Video recording equipment

SECTION 2 – ACADEMIC DETAILS**Unit Descriptor**

Provide below a brief unit description, which includes a summary of the key content of the unit.

In this unit, students will be required to complete 100 hours of person-to-person counselling over one semester. Student learning will be guided by case conferencing as well as regular one-on-one and small group supervision. These forms of supervision will support students to enrich their counselling practice and to develop a deeper understanding of themselves as counsellors. Students will also learn to: write case notes using the SOAP format; make client bookings and manage client loads; manage client records, counselling logs, supervision logs; ethically and appropriately manage the exchange of client information and release of client information; and make referrals when necessary.

Learning Outcomes for Unit**Learning outcomes for unit:**

1. Address the idiosyncratic nature of a client's need through informed selection and application of particular counselling interventions
2. Communicate theoretical propositions, methodologies, conclusions, and professional decisions to the client, peers, and other professionals
3. Write concise case notes using the SOAP format, demonstrating advanced communication skills
4. Cultivate, through regular supervision, a growing level of personal awareness, autonomy, and accountability in their counselling practice

Assessment tasks

Type * <i>(see examples noted below this table)</i>	Learning Outcome/s assessed	When assessed – year, session and week <i>(for example, year 1, semester 1, week 1)</i>	Weighting <i>(% of total marks for unit)</i>
Supervision Report Supervision report on 100 client hours. Supervision assessment will be based on the student's response to the unit, learning outcomes including the student's capacity to apply feedback received in Supervised Clinical Practice 1 to performance on an ongoing basis. Equivalent word count: 5000	1, 2, 4	Weeks 1-13	50%
Client Case Notes Client Case notes for 100 client hours. Notes will be assessed in supervision. Assessment will include the student's capacity to apply feedback on rating received in Supervised Clinical Practice 1 towards realizing an expert level of communication. Equivalent to 3,000 words	1, 2, 3, 4	Weeks 1-13	30%
Case Presentation A reflective video presentation and feedback write-up relating to work with a current client. Equivalent word count: 2000	1, 2, 3	Weeks 1-13	20%

2.1 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

Required Textbook

N/A — part of the learning component and content for this unit is derived from student's reflection on their clinical practice and subsequent reading from literature that informs their work with clients.

Recommended Reference List

- American Psychiatric Association. (2013). *DSM-5: Diagnostic and statistical manual of mental disorders*.
- Barlow, D., & Durand, V. M. (2017). *Abnormal psychology: An integrative approach* (8th ed.). Cengage Learning Custom Publishing.
- Carroll, M., & Gilbert, M. (2010). *On being a supervisee: Creative learning partnerships*. PsychOz Publications.
- Carroll, M., Hewson, D. (2016). *Reflective practice in supervision*. MoshPit Publishing.
- Corey, G., Corey, M. S., & Corey, C. (2018). *Issues and ethics in the helping professions* (10th ed.). Cengage Learning.
- Duncan, B. L., Miller, S. D., Wampold, B. E., & Hubble, M. A. (2009). *The heart & soul of change: What works in therapy* (2nd ed.). American Psychological Association.
- Ivey, A. E., & Ivey, M. B. (2018). *Intentional interviewing and counseling: Facilitating client development in a multicultural society* (9th ed.). Cengage Learning Custom Publishing.
- Kail, R. V., & Cavanaugh, J. C. (2017). *Essentials of human development: A life-span view* (2nd ed.). Wadsworth, Cengage Learning.
- Kezelman, C., & Stavropoulos, P. (2019). *Practice guidelines for treatment of complex trauma and trauma informed care and service delivery*.
<https://www.blueknot.org.au/Resources/Publications/Practice-Guidelines/Practice-Guidelines-2019>
- Worden, J. (2018). *Grief counselling and grief therapy: A handbook for the mental health practitioner* (5th ed.). Springer.

Recommended Journals and Ethical Codes of Practice

Grief Matters: The Australian Journal of Grief & Bereavement
Journal of Counselling and Development
Psychological Trauma: Theory, Research, Practice and Policy
Psychotherapy in Australia
 CCAA(SA) & PACFA Codes of Conduct