UNIT OUTLINE FOR HSC214.9 GROUP PROCESSES

Name of Unit 1 (Unit Code 1)
Group Processes (HSC214.9)

SECTION 1 – GENERAL INFORMATION

Administrative details

Associated higher education awards *(for example, Bachelor, Diploma)*	Duration *(for example, one semester, full year)*	Level *(for example, introductory, intermediate, advanced level, 1st year, 2nd year, 3rd year)*	Unit Coordinator *(incl. academic title)*
Master of Counselling Practice	One semester	Advanced	Professor Denis O'Hara

Core or elective unit

Indicate if the unit is a

☒ core unit

☐ elective unit

☐ other (please specify below):

Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

Unit credit points *Example: 10 credit points*	Total course credit points *Example: 320 credit points*
6	96

Student workload

Using the table below, indicate the expected student workload per week for this unit.

No. timetabled hours per week*	No. personal study hours per week**	Total workload hours per week***
3	6	9

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: __0__ hours per week

Pre-requisites and co-requisites

Are students required to have undertaken a prerequisite or co-requisite unit for this unit?

☒ Yes   ☐ No

If YES, provide details of the prerequisite or co-requisite requirements below.

Completion of Graduate Diploma in Counselling:

HSC201.7/8	Introduction to Counselling Theories
HSC200.5/8	Counselling Skills
HSC102.7/8	Working with Mental Health
EDU211.8	Ethical Understandings
HSC202.7/8	Counselling Theories and Practice
HSC101.7/8	Human Lifespan Development
HSC103.7/8	Working with Grief and Loss
HSS106.7/8	Trauma Informed Care

SECTION 2 – ACADEMIC DETAILS

Unit Descriptor

Provide below a brief unit description, which includes a summary of the key content of the unit.

Human beings are relational in nature and much of their relationships occur in groups whether these groups be family, social, or work groups. All groups function according to implicit and explicit rules, norms, and member roles. The processes involved in group functioning are many and varied and an understanding of such processes provides individuals and groups the opportunity for more effective and rewarding interactions. A significant aspect of the work of human service and mental health practitioners occurs in groups and thus knowledge and skills in group processes is essential. This unit provides an experiential approach to learning about groups and group dynamics and processes.

Learning Outcomes for Unit

Learning outcomes for unit:
1. Identify the key elements of group dynamics and group processes in light of contemporary scholarship
2. Recommend how group processes present in an experiential group could be improved
3. Compare a range of counselling and personal growth groups, especially in terms of the roles and functions of the leader and special issues related to these groups
4. Investigate the ethical and legal dimensions of group work in human services and mental health

Assessment tasks			
Type * *(see examples noted below this table)*	**Learning Outcome/s assessed**	**When assessed – year, session and week** *(for example, year 1, semester 1, week 1)*	**Weighting** *(% of total marks for unit)*
Case Study Assessment description here… 3000 Words	1, 4	Week 7	50%
Reflective Essay Assessment description here… 3000 words	1, 2, 3, 4	Week 12	50%

2.1   Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

Required Textbook

Erford, B. T. (2018). *Group work: Processes and applications* (2nd ed.). Taylor & Francis Group.

Recommended Reference List

Benson, J. F. (2018). *Working more creatively with groups* (4th ed.). Routledge.

Billow, R. M. (2003). Bonding in group: The therapist's contribution. *International Journal of Group Psychotherapy, 53*(1), 83–110.

Brown, N. W. (2006). Reconceptualizing difficult groups and difficult members. *Journal of Contemporary Psychotherapy, 36*(3), 145–150.

Conyne, R. K. (2014). *Group work leadership: An introduction for helpers*. SAGE Publications.

Puskar, K. R., Mazza, G., Slivka, C., Westcott, M., Campbell, F., & McFadden, G. T. (2012). Understanding content and process: Guidelines for group leaders. *Perspectives in Psychiatric Care, 48*(4), 225–229. http://dx.doi.org/10.1111/j.1744-6163.2012.00343x

Schneider, Corey, M., & Corey, M., & Corey, C. (2010). *Groups: Processes and practices* (8th ed.). Brooks/Cole, Cengage Learning.

Wheeler, S. A. (2004). *Group Processes: A developmental perspective.* Allyn and Bacon.

Yalom, I. D., & Leszcz, M. (2008). *The theory and practice of group psychotherapy* (5th ed.). Basic Books.

Recommended Journals

International Journal of Group Psychotherapy

Group Processes & Intergroup Relations

Group Dynamics: Theory, Research, and Practice

STUDY AT

TABOR