

## MTO141.7 MEANINGFUL LIVING (EDUCATION)

<b>Name of Subject 1 (Subject Code 1)</b>
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Meaningful Living (Education) (MTO141.7)
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### SECTION 1 – GENERAL INFORMATION

#### Administrative details

Associated higher education awards	Duration	Level	Subject Coordinator
Bachelor	One semester	Intermediate	Dr Johan Roux

#### Core or elective subject

Indicate if the subject is a

- core subject  
 elective subject  
 other (please specify below):

Bachelor of Education (Primary), Bachelor of Education (Secondary)
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#### Subject weighting

Using the table below, indicate the credit point weighting of this subject and the credit point total for the course of study (for example, 10 credit points for the subject and 320 credit points for the course of study).

Subject credit points	Total course credit points
6 credit points	144 credit points

#### Student workload

Using the table below, indicate the expected student workload per week for this subject.

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
3	7	10

**SECTION 2 – ACADEMIC DETAILS****Brief description of the content of the subject**

This unit explores the fundamental question of what constitutes a meaningful life with particular reference to how the Christian tradition has addressed this issue and how this wisdom might shape the student's own life and vocation. It connects strongly with the formation domain Engaging Our Stories in Tabor MTC's curriculum paradigm. Meaningful Living helps students to reflect upon key elements of personal and corporate flourishing (including biblical, theological and sociological insights), and challenges students to develop their own personal practice framework that will enable and encourage such flourishing. Key topics include: Self-leadership as starting point for meaningful living; Shalom as unifying integrative teleological framework for meaningful living; theological and sociological reflections on flourishing; biblical reflections on Matthew 5-7 as way of living for flourishing; flourishing self, others, and our world.

**Learning outcomes for the subject**

- 1) Explain the biblical concept of Shalom as a core organising motif for meaningful living
- 2) Analyse various theoretical and practical considerations for meaningful living, including Christian Worldview understandings
- 3) Integrate various theoretical elements and principles into a personal framework for living and professional application

**Assessment tasks**

Type	Learning Outcome/s assessed	When assessed – year, session and week	Weighting
1) <b>Essay</b> Explain your understanding of the biblical concept of Shalom and its importance for meaningful living. (1000 words)	1	Week 4	20%
2) <b>Personal Reflection:</b> Develop a portfolio of completed self-evaluation exercises as part of the ongoing in-class formation program. <sup>1</sup> Analyse your own journey towards completeness, wholeness and wellbeing against the background of the self-evaluation exercises collated in your portfolio and suggest steps towards increased levels of meaningful living. (2000 words)	1, 2, 3	Week 10	40%
3) <b>Personal Practice Framework:</b> Develop your own framework for meaningful living from learnings in this unit taking into account your personal and (potential) professional context. Compare and contrast the elements of your framework with key Christian Worldview themes or ideas. (2000 words)	1, 2, 3	Week 13	40%

<sup>1</sup> A number of exercises will be done 'in class' and compiled into a developing portfolio of self-understanding.

## 2.1 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the subject.

- Brown J. K., & Roberts K. *Matthew*. Grand Rapids, MI: Eerdmans, 2018.
- Calhoun, A. A. *Spiritual Disciplines: Practices that Transform Us*. Downers Grove, IL: IVP, 2015.
- Dickerson, Matthew T. *Disciple Making in a Culture of Power, Comfort, and Fear*. Eugene, OR: Cascade, 2020.
- Duncan, S. *Seeking Shalom: Leader's Guide*. CreateSpace Independent Publishing Platform, 2017.
- Foster, R. J. *Celebration of Discipline: The Path to Spiritual Growth*. New York, NY: HarperCollins, 2018.
- \* Hills, B. *Inside Out: A Biblical and Practical Guide to Self-leadership*. Chibooks, 2017.
- Houghton, Jeffery D., Christopher P. Neck, and Charles C. Manz. *Self-Leadership: The Definitive Guide to Personal Excellence*. Los Angeles, CA: SAGE, 2019.
- MacArthur, J. F. Jr. *Matthew 1-7*. Chicago, IL: Moody, 1985.
- McKnight, S. *Semon on the Mount*. SOGBC. Grand Rapids, MI: Zondervan, 2013.
- Moore, O. *Shalom Sistas: Living Wholeheartedly in a Broken World*. Harrisonburg, VA: Herald Press, 2017.
- Ott, B. *God's Shalom Project*. Good Books, 2005.
- Sloane, Andrew, David Benson, and Kara Martin (eds.). *Transforming Vocation: Connecting Theology, Church, and the Workplace for a Flourishing World*. Eugene, OR: Wipf & Stock Publishers, 2021.
- Smith, J. B. *The Good and Beautiful Life*. Downers Grove, IL: IVP, 2009.
- . *The Good and Beautiful Community*. Downers Grove, IL: IVP, 2010,
- Van Eymeren, A., A. Barker, & C. Elisara. *Urban Shalom and the Cities We Need*. Isum, 2017.
- Yoder, P. *Shalom: The Bible's Word for Salvation, Justice and Peace*. Eugene, OR: Wipf and Stock, 2017.

\* indicates specified textbook