

## MTW250.5 Pastoral Health and Care

### Name of Unit 1 (Unit Code 1)

Pastoral Health and Care (MTW250.5)

### SECTION 1 – GENERAL INFORMATION

#### Administrative details

Associated higher education awards	Duration	Level	Unit Coordinator
Diploma Bachelor	One semester	Introductory	Bruce Hulme

#### Core or elective unit

Indicate if the unit is a

- core unit  
 elective unit  
 other (please specify below):

Core: Bachelor of Ministry  
 Elective: Diploma in Ministry and Theology and Bachelor of Intercultural Studies  
 Core Option / Elective: Bachelor of Theology

#### Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

Unit credit points	Total course credit points
6 credit points	48 / 144 credit points

#### Student workload

Using the table below, indicate the expected student workload per week for this unit.

No. timetabled hours per week*	No. personal study hours per week**	Total workload hours per week***
3	6	9

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support:   0   hours per week

#### 1.6 Pre-requisites and co-requisites

Are students required have undertaken a prerequisite or co-requisite unit for this unit?

- Yes     No

## SECTION 2 – ACADEMIC DETAILS

**Brief description of the content of the unit (key topics):**

This unit introduces students to the underlying theology and praxis of pastoral health and care for individuals and faith communities. It connects strongly with the formation domain *Engaging the World & Others' Stories* in Tabor MTC's curriculum paradigm. *Pastoral Health and Care* is designed to equip students with the knowledge, skills and dispositions needed for undertaking effective pastoral care and enhancing pastoral health in diverse ministry settings. Key topics covered include biblical and theological foundations, spiritual dynamics of care (such as presence, vulnerability, hospitality, listening, difference and conflict), theological reflection upon pastoral care encounters, pastoral health and care in community, and pastoral self-care/health.

**Learning outcomes for unit:**

- 1) Discuss the nature and scope, theological basis and spiritual dynamics of pastoral health and care with reference to the biblical text and contemporary scholarship
- 2) Theologically reflect upon significant experiences of giving and/or receiving care, and their unique capacity and skills as a pastoral carer
- 3) Resource pastoral health and care ministries in specific church, parachurch, or chaplaincy settings

**Assessment tasks**

Type	Learning Outcome/s assessed	When assessed	Weighting
<b>1) Oral Presentation</b> Students present a theological reflection upon a significant experience of their giving and/or receiving pastoral care. (1,000 words equivalent)	2	Week 5	20%
<b>2) Research Paper</b> Students explain a key spiritual dynamic of pastoral health and care, incorporating biblical, theological, personal and practical insights (1,250 words)	1, 2	Week 8	30%
<b>3) Pastoral Health and Care Resource</b> Students develop a resource that addresses an identified pastoral health and care need in a faith community or chaplaincy setting (2, 250 words)	1, 3	Week 14	50%

## 2.1 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

Prescribed Reading:

Doehring, Carrie. *The Practice of Pastoral Care, Revised and Expanded Edition: A Postmodern Approach*. Revised and Expanded edition. Louisville, Kentucky: Westminster John Knox Press, 2015.

Recommended Reading:

Anderson, Kate. *Engaging the Sacred: Relational Spirituality as Pastoral Care*. Macon, GA: Smyth & Helwys, 2019.

Clinebell, Howard, and Sister Bridget Clare McKeever. *Basic Types of Pastoral Care & Counseling: Resources for the Ministry of Healing & Growth, Third Edition*. Updated, Revised edition. Nashville, TN: Abingdon Press, 2011.

Epperly, Bruce. *A Center in the Cyclone: Twenty-First Century Clergy Self-Care*. Lanham, MD: Rowman & Littlefield, 2014.

Flanagan, Bernadette, and Sharon G Thornton. *The Bloomsbury Guide to Pastoral Care*, London, UK Bloomsbury, 2014.

Frazer, Randy. *The Connecting Church 2.0: Beyond Small Groups to Authentic Community*. Grand Rapids, Michigan: Zondervan, 2013.

Hesel, Philip Browning. *Pastoral Care and Counseling- An Introduction*. New York, NY: Paulist Press, 2019.

Hiser, Bethany Dearborn. *From Burned Out to Beloved: Soul Care for Wounded Healers*. Downers Grove, IL: IVP, 2020.

Johnson, Eric L. *God & Soul Care: The Therapeutic Resources of the Christian Faith*. Downers Grove, IL: InterVarsity Press, 2017.

Lartey, Emmanuel Y. *Pastoral Theology in an Intercultural World*: Reprint edition. Eugene, Oregon: Wipf & Stock Pub, 2013.

Olsen, David C., and Nancy G. Devor. *Saying No to Yes: Everyday Boundaries and Pastoral Excellence*. Lanham, MD: Rowman and Littlefield, 2015.

Roberts, Stephen B. *Professional Spiritual and Pastoral Care: A Practical Clergy and Chaplain's Handbook*. 1st ed. Skylight Paths Pub, 2011.

Scheib, Karen D. *Pastoral Care: Telling the Stories of Our Lives*. Nashville: Abingdon Press, 2016.

Senkbeil, Harold L. *The Care of Souls: Cultivating a Pastor's Heart*. Bellingham, Wash: Lexham Press, 2019.

Sims, Sally. *Together Through the Storm*. Waterloo, NSW: Matthias Media, 2016.

Welch, Edward T. *Side by Side: Walking with Others in Wisdom and Love*. Wheaton, Ill: Crossway, 2015.