

TM8356 Formation for Spiritual Direction A

Name of Subject 1 (Subject Code 1)

Formation for Spiritual Direction A (TM8356)
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SECTION 1 – GENERAL INFORMATION

Administrative details

Associated higher education awards	Duration	Level	Subject Coordinator
Graduate Diploma	One semester	Introductory	Dr Bruce Hulme

Core or elective subject

Indicate if the subject is a

core subject

elective subject

other (please specify below):

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Subject weighting

Using the table below, indicate the credit point weighting of this subject and the credit point total for the course of study (for example, 10 credit points for the subject and 320 credit points for the course of study).

Subject credit points	Total course credit points
6 credit points	144 credit points

Student workload

Using the table below, indicate the expected student workload per week for this subject.

No. timetabled hours per week*	No. personal study hours per week**	Total workload hours per week***
3	6	9

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: 0 hours per week

Pre-requisites and co-requisites

Are students required have undertaken a prerequisite or co-requisite subject for this subject?

Yes No

If **YES**, provide details of the prerequisite or co-requisite requirements below.

Prerequisite: TM8353 Introduction to Spiritual Direction Pre or co-requisite: TM8313 Theological Reflection
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SECTION 2 – ACADEMIC DETAILS**Subject objective/s and broad content:**

The objective of this subject is to provide students with the broad knowledge, skills and formation needed to progress as spiritual directors. The broad content of this subject includes spiritual direction and storytelling, images of God, spiritual temperaments and prayer, faith and psycho-spiritual development, ethics of gender and justice, spiritual direction in the Christian spiritual tradition, and practicum experience via reflection on quads and verbatim reports.

Learning outcomes for subject:

- 1) Demonstrate a broad knowledge of the ministry of spiritual direction, including relevant theological, anthropological, and contextual themes (e.g. spiritual direction and storytelling, images of God, spiritual temperaments and prayer, faith and the development of the human person), and historical expressions
- 2) Engage in spiritual direction conversations, demonstrating appropriate listening and communication skills, spiritual and pastoral sensitivity, and self-awareness
- 3) Reflect upon their personal formation in contemplative living, ministerial development, and vocation in terms of the ministry of spiritual direction

Assessment tasks

Type	Learning Outcome/s assessed	When assessed – year, session and week	Weighting (% of total marks for subject)
4 x verbatim reports of spiritual direction conversations forming the basis for the student's supervised reflection upon their communication skills and self-awareness. (4 x 750 words). <i>In these reports students are required to critically analyse and evaluate their conversations and their development as spiritual directors.</i>	1-3	Various, as allocated	60%
3 x personal forum responses to readings (theological, anthropological, contextual and historical) related to spiritual direction (3 x 500 words)	1	4, 8 and 12	25%
2 x formation and vocation reflection papers for discussion at supervision interview (2 x 500 words)	1-3	3 and 10	15%
1 x psychological profile response for discussion with the course coordinator at the end of subject vocational interview	3	13	NGP

2.1 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the subject.

- Bakke, Jeannette A. *Holy Invitations: Exploring Spiritual Direction*. Grand Rapids, Mich: Baker Books, 2000.
- Barry, William. *Spiritual Direction and the Encounter with God: A Theological Inquiry*. New York: Paulist Press, 2004.
- Benson, Peter L, Eugene C. Roehlkepartain, and Kathryn L Hong. *Spiritual Development*. Jossey-Bass/Wiley, 2008.
- Devenish, Stuart C. *Seeing and Believing: The Eye of Faith in a Visual Culture*. Eugene, Or: Wipf & Stock Publishers, 2012.
- Laird, M. S. *Into the Silent Land: A Guide to the Christian Practice of Contemplation*. Oxford; New York: Oxford University Press, 2006.
- Leech, Kenneth. *Soul Friend: Spiritual Direction in the Modern World*. New rev. ed. Harrisburg PA: Morehouse Pub., 2001.
- Perrine, Myra. *What's Your God Language?: Connecting with God Through Your Unique Spiritual Temperament*. Carol Stream, Ill.: SaltRiver, 2007.
- Phillips, Susan. *Candlelight: Illuminating The Art of Spiritual Direction*. Harrisburg, PA: Morehouse Pub., 2008.
- Ruffing, Janet. *To Tell the Sacred Tale: Spiritual Direction and Narrative*. New York; Mahwah, NJ: Paulist Press, 2011.
- Webber, Robert. *The Divine Embrace: Recovering the Passionate Spiritual Life*. Grand Rapids Mich.: Baker Books, 2006.