

## TM8357 Formation for Spiritual Direction B

<b>Name of Unit 1 (Unit Code 1)</b>
Formation for Spiritual Direction B (TM8357)

### SECTION 1 – GENERAL INFORMATION

#### Administrative details

Associated higher education awards	Duration	Level	Unit Coordinator
Graduate Diploma	One semester	Introductory	Dr Bruce Hulme

#### Core or elective unit

Indicate if the unit is a

- core unit  
 elective unit  
 other (please specify below):

#### Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

Unit credit points	Total course credit points
6 credit points	144 credit points

#### Student workload

Using the table below, indicate the expected student workload per week for this unit.

No. timetabled hours per week*	No. personal study hours per week**	Total workload hours per week***
3	6	9

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: 0 hours per week

#### Pre-requisites and co-requisites

Are students required have undertaken a prerequisite or co-requisite unit for this unit?

- Yes  No

If YES, provide details of the prerequisite or co-requisite requirements below.

Prerequisite: TM8356 Formation for Spiritual Direction A

**SECTION 2 – ACADEMIC DETAILS****Unit objective/s and broad content:**

The objective of this unit is to provide students with the developed knowledge, skills and formation needed to mature as spiritual directors. The broad content of this unit includes: Scripture in spiritual direction, contemplative prayer, listening and discernment, vocation, practicalities, spiritual direction in the Christian spiritual tradition, and practicum experience via reflection on quads and verbatim reports.

**Learning outcomes for unit:**

- 1) Demonstrate a developed understanding of the ministry of spiritual direction, including relevant theological, anthropological, and contextual themes (e.g. Scripture in spiritual direction, contemplative prayer, listening and discernment, vocation, practicalities), and historical expressions
- 2) Reflectively engage in spiritual direction conversations, demonstrating developed listening and communication skills, and spiritual and pastoral sensitivity, and developed self-awareness
- 3) Reflect upon and analyze their personal formation in contemplative living, ministerial development, and vocation in terms of the ministry of spiritual direction

**Assessment tasks**

Type	Learning Outcome/s assessed	When assessed – year, session and week	Weighting (% of total marks for unit)
4 x verbatim reports of spiritual direction conversations forming the basis for the student's supervised reflection upon their communication skills and self-awareness. (4 x 750 words). <i>In these reports students are required to critically analyse and evaluate their conversations and their development as spiritual directors.</i>	1-3	Various, as allocated	60%
3 x personal forum responses to 3 readings (theological, anthropological, contextual, and historical) related to spiritual direction. (3 x 500 words)	1	4, 8 and 12	25%
2 x formation and vocation reflection papers for discussion at supervision interview. (2 x 500 words)	1-3	3 and 10	15%

## 2.1 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

- Copan, Victor. *Saint Paul as Spiritual Director: An Analysis of the Imitation of Paul with Implications and Applications to the Practice of Spiritual Direction*. Milton Keynes U.K.;Colorado Springs Colo.: Paternoster, 2007.
- Demarest, Bruce. *Seasons of the Soul: Stages of Spiritual Development*. Downers Grove Ill.: IVP Books, 2009.
- Edwards, Tilden. *Spiritual Director, Spiritual Companion: Guide to Tending the Soul*. New York: Paulist Press, 2001.
- Fendall, Lon. *Practicing Discernment Together: Finding God's Way Forward in Decision Making*. Newberg Ore.: Barclay Press, 2007.
- Fryling, Alice. *Seeking God Together: An Introduction to Group Spiritual Direction*, 2009.
- McAlpin, Kathleen. *Ministry That Transforms: A Contemplative Process of Theological Reflection*. Collegeville Minn.: Liturgical Press, 2009.
- McLaren, Brian D. *Finding Our Way Again: The Return of the Ancient Practices*. Nashville, Tenn.: Thomas Nelson, 2010.
- Moon, Gary W, and David G Benner. *Spiritual Direction and the Care Of Souls: A Guide to Christian Approaches and Practices*. Downers Grove, Ill.: InterVarsity Press, 2004.
- Nouwen, Henri J. M. *Spiritual Formation: Following the Movements of the Spirit*. New York: HarperOne, 2010.
- Rohr, Richard. *Everything Belongs: The Gift of Contemplative Prayer*. New York: Crossroad Pub., 2003.