

Name of Unit 1 (Unit Code 1)
Formation for Spiritual Direction C (TM8358)

SECTION 1 – GENERAL INFORMATION**Administrative details**

Associated higher education awards	Duration	Level	Unit Coordinator
Graduate Diploma	One semester	Introductory	Dr Bruce Hulme

Core or elective unit

Indicate if the unit is a

- core unit
- elective unit
- other (please specify below):

Unit weighting

Using the table below, indicate the credit point weighting of this unit and the credit point total for the course of study (for example, 10 credit points for the unit and 320 credit points for the course of study).

Unit credit points	Total course credit points
6 credit points	144 credit points

Student workload

Using the table below, indicate the expected student workload per week for this unit.

No. timetabled hours per week*	No. personal study hours per week**	Total workload hours per week***
3	6	9

For those students requiring additional English language support, how many additional hours per week is it expected that they will undertake?

Additional English language support: 0 hours per week

Pre-requisites and co-requisites

Are students required have undertaken a prerequisite or co-requisite unit for this unit?

- Yes No

If **YES**, provide details of the prerequisite or co-requisite requirements below.

Prerequisite: TM8357 Formation for Spiritual Direction B

Unit objective/s and broad content:

The objective of this unit is to provide students with the advanced knowledge, skills and formation needed to be ready to practice as competent spiritual directors. The broad content of this unit includes spiritual direction and seasons of life, psychological issues, faith and doubt, ethics and referrals, spiritual direction in the Christian spiritual tradition, and practicum experience via reflection on quads and verbatim reports.

SECTION 2 – ACADEMIC DETAILS**Learning outcomes for unit:**

- 1) Demonstrate an advanced understanding of the ministry of spiritual direction, including relevant theological, anthropological, and contextual themes (e.g. spiritual direction and seasons of life, psychological issues, faith and doubt, ethics and referrals), and historical expressions
- 2) Critically reflect upon spiritual direction conversations, demonstrating advanced listening and communication skills, and spiritual and pastoral sensitivity, and well-developed self-awareness
- 3) Critically reflect upon and evaluate their personal formation in contemplative living, ministerial development, and vocation in terms of the ministry of spiritual direction
- 4) Demonstrate a professional understanding of the AECSD code of ethics and its application to the practice of spiritual direction

Assessment tasks

Type	Learning Outcome/s assessed	When assessed – year, session and week	Weighting (% of total marks for unit)
4 x verbatim reports of spiritual direction conversations forming the basis for the student's supervised reflection upon their communication skills and self-awareness. (4 x 750 words) <i>In these reports students are required to critically analyse and evaluate their conversations and their development as spiritual directors.</i>	1-3	Various, as allocated	50%
3 x personal forum responses to 3 readings (theological, anthropological, contextual and historical) related to spiritual direction. (3 x 500 words)	1	4, 8 and 12	25%
2 x formation and vocation reflection papers for discussion at supervision interview. (2 x 500 words)	1-3	3 and 10	15%
AECSD code of ethics application paper. (500 words)	4	Week 13	10%

2.1 Prescribed and recommended readings

Provide below, in formal reference format, a list of the prescribed and recommended readings for the unit.

- Australian Ecumenical Council for Spiritual Direction. *Anthology of spiritual direction. Volume 1*. Mandurah, W.A.: Equilibrium Books, 2012.
- Bidwell, Duane R. *Short-Term Spiritual Guidance*. Minneapolis: Fortress Press, 2004.
- Blythe, Teresa. *50 Ways to Pray: Practices from Many Traditions and Times*. Nashville: Abingdon Press, 2006.
- Harborne, Lynette. *Psychotherapy and Spiritual Direction: Two Languages, One Voice?*. London: Karnac Books, 2012.
- Jones, W. *The Art of Spiritual Direction: Giving and Receiving Spiritual Guidance*. Nashville Tenn.: Upper Room Books, 2002.
- Lebacqz, Karen. *Ethics and Spiritual Care: A Guide for Pastors, Chaplains, and Spiritual Directors*. Nashville, TN: Abingdon Press, 2000.
- Nouwen, Henri. *Spiritual Direction: Wisdom for the Long Walk of Faith*. 1st ed. [San Francisco]: Harper San Francisco, 2006.
- Ruffing, Janet. *Spiritual Direction: Beyond the Beginnings*. New York: Paulist Press, 2000.
- Stafford, Gil W. *When Leadership and Spiritual Direction Meet: Stories and Reflections for Congregational Life*. Herndon, VA: Rowman & Littlefield Publishers, 2014.
- Zuercher, Suzanne. *Enneagram Companions: Growing in Relationships and Spiritual Direction*. [Chicago, Ill.]: S. Zuercher, 2000.